

Lx Seth's Art of Acting and Scriptwriting - Academy Information Guide



Develop Skills in front and behind the camera

Are you ready to take your passion for acting or script-writing to the next level?

At Lx Seth's Art of Acting, we are professional, industry-focused training designed to equip aspiring actors and screenwriters with the skills and experience they need to succeed in the film industry.



Pricing

Group Classes:
R2,800 per month

Private Classes:
R3,500 per month

Courses Offered

- 🎭 **Acting Course**
on-camera presence.
 - Develop character-building techniques, scene study, audition skills, and
 - Learn from practical, hands-on experiences and expert guidance.
 - 📝 **Scriptwriting Course**
 - Master storytelling, screenplay structure, dialogue writing, and script formatting.
- Receive constructive feedback and guidance from industry professionals.

Dynamic Learning

- Exclusive Learning Experience
 - Learn from Industry Professionals: Our expert instructors have extensive experience in acting, directing, and scriptwriting.
 - Real Cinema Classrooms: Classes take place inside Nu Metro Cinemas, providing an immersive and inspiring environment.
 - On-Screen Exposure: Upon completion, student films will be showcased on Nu Metro screens, offering valuable real-world experience.
 - Pathway to Industry Opportunities: Top-performing students will receive priority consideration for roles in LX Seth Productions' feature films and cinematic releases.

www.lxseth.com

12-Month Syllabus Breakdown

🎭 Acting Course Syllabus

Months 1-3: Foundations of Acting

- Introduction to acting techniques, improvisation, and emotional expression.
- Exercises in voice control, body movement, and confidence-building.

Months 4-6: Character Development & Scene Study

- Crafting well-rounded characters with depth and motivation.
- Analyzing and performing scripted scenes.

Months 7-9: Advanced Acting & On-Camera Training

- Understanding the differences between stage and film acting.
- Audition techniques and building an acting portfolio.

Months 10-12: Industry Preparation & Final Showcase

- Performing in a professional showcase with expert feedback.
- Preparing for real-world opportunities in the film and television industry.

📝 Scriptwriting Course Syllabus

Months 1-3: Story Structure & Character Development

- Crafting compelling narratives and creating strong character arcs.

Months 4-6: Scene Writing & Script Formatting

- Learning professional screenplay formatting and structuring impactful scenes.

Months 7-9: Advanced Storytelling Techniques

- Developing subplots, raising story stakes, and writing for different media.

Months 10-12: Final Project & Industry Readiness

- Completing a full short film script and pitching to industry professionals.

Why Choose Lx Seth's Art of Acting?

- ✅ Exclusive Cinema Experience – Classes and showcases take place at Nu Metro Cinemas.
- ✅ Hands-On Learning – Practical training from experienced professionals.
- ✅ On-Screen Opportunities – Student films will be screened at Nu Metro.
- ✅ Industry Exposure – Top performers get priority access to LX Seth Productions' film projects.

Enrol Today!

✉ Email: mrseth@mweb.co.za

☎ Phone: 082 822 2989

📱 Social Media: @lxseth

Take the first step toward your acting or scriptwriting career. Join Lx Seth's Art of Acting and turn your dreams into reality!



LX SETH

THANKS
YOU

www.lxseth.com

Module 1: Introduction to Storytelling & Fundamentals of Acting

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Scriptwriting: Understanding Narrative Structure, Theme, and Character Development

- The Three-Act Structure (Setup, Confrontation, Resolution)
- Theme & Symbolism in storytelling
- Character Development (Protagonists, Antagonists, Character Arcs)
- Writing Exercises: Develop a character and outline their arc

Acting: Introduction to Meisner, Stanislavski, and Method Acting

- Meisner's Repetition Technique: Reacting truthfully
- Stanislavski's Given Circumstances: Understanding character objectives
- Method Acting Techniques: Using personal experience for authenticity
- Practical Exercises: Emotion recall, improvisation drills

Module 2: Character Development & Voice & Movement

Scriptwriting: Creating Complex Characters

- Internal vs. External Conflict
- Psychological Depth and Backstory
- Writing Exercise: Develop a protagonist with strengths & flaws

Acting: Voice Control & Body Language

- Breathing Techniques & Projection
- Physicality & Expressiveness in Performance
- Practical Exercises: Diction drills, movement exercises

Module 3: Conflict & Dialogue / Improvisation & Reacting

Scriptwriting: Writing Engaging Dialogue & Conflict

- Natural vs. Expository Dialogue
- Creating Tension through Subtext
- Writing Exercise: Develop a dialogue-driven scene

Acting: Improvisation & Scene Reaction

- Active Listening & Reacting Authentically
- Building Spontaneity through Improv
- Practical Exercises: Improv scenes, reacting to unexpected moments

Module 4: Scene Writing & Performance Techniques

Scriptwriting: Formatting & Structuring a Scene

- Industry-Standard Formatting (Final Draft, Celtx, etc.)
- Visual Writing Techniques
- Practical Exercise: Write a 2-minute scene following formatting rules

Acting: Monologues & Scene Study

- Breaking Down a Monologue
- Finding the Subtext in a Script
- Performance Exercise: Perform a monologue using text analysis



Module 5: Genre Exploration & Emotional Performance

Scriptwriting: Writing for Different Genres

- Comedy, Drama, Thriller, Horror – Key Elements of Each
- Genre-Specific Dialogue & Pacing
- Writing Exercise: Write a scene in a chosen genre

Acting: Expanding Emotional Range

- Portraying Authentic Emotions
- Physicality & Emotional Expression
- Practical Exercise: Emotion recall and scene study

Module 6: Outlining a Short Film & Character Work

Scriptwriting: Developing a Short Film Outline

- Crafting a Logline & Premise
- Building a Story Arc in 10-20 Minutes
- Writing Exercise: Create a short film outline

Acting: Deep Dive into Character Work

- Backstory Development & Internal Motivation
- Performing Based on Character History
- Practical Exercise: Write and perform a backstory monologue

Module 7: First Draft Writing & Acting for Camera

Scriptwriting: Writing the First Draft

- Writing Under a Deadline
- Structuring Scenes for Visual Impact
- Writing Exercise: Complete the first draft of the short film script

Acting: Understanding On-Camera Performance

- Blocking, Eyeline, and Movement for Film
- Acting in Close-Ups vs. Wide Shots
- Practical Exercise: On-camera performance drills

Module 8: Dialogue Refinement & Scene Study

Scriptwriting: Editing Dialogue for Realism

- Rewriting for Conciseness & Subtext
- Dialogue Flow & Character Voice
- Writing Exercise: Refine a dialogue-heavy scene

Acting: Partnered Scene Study

- Working with a Scene Partner
- Blocking & Character Interactions
- Practical Exercise: Perform a two-person scene

Module 9: Rewriting & Emotional Subtext in Acting

Scriptwriting: Feedback & Revision Techniques

- Peer & Instructor Critique Methods
- Rewriting for Clarity & Impact
- Writing Exercise: Apply feedback to revise a scene

Acting: Mastering Subtext & Layered Performances

- Playing Internal vs. External Emotions
- Practical Exercise: Perform a scene using subtext-driven acting

Module 10: Finalizing the Script & Audition Techniques

Scriptwriting: Completing a Production-Ready Script

- Final Formatting & Proofreading
- Ensuring Production Feasibility
- Writing Exercise: Submit final short film script

Acting: Audition Skills & Cold Reading

- How to Ace an Audition
- Practicing Cold Reads
- Practical Exercise: Perform an industry-standard audition

Module 11: Table Read & Rehearsals

Scriptwriting: Script Adjustments Based on Readings

- Adapting Dialogue for Performance
- Scene Adjustments for Pacing & Clarity
- Exercise: Conduct a live table read with actors

Acting: First Rehearsals with Scripted Material

- Scene Blocking & Movement
- Adapting to Director's Notes
- Practical Exercise: Work-shopping scenes with partners

Module 12: Production Planning & On-Set Preparation

Scriptwriting: Preparing for Production

- Scene Breakdown & Shooting Schedules
- Understanding the Filmmaking Process
- Exercise: Assist in script breakdown for production

Acting: On-Set Behavior & Filming Techniques

- Understanding Call Sheets & Set Etiquette
- Adjusting Performance for Multiple Takes
- Practical Exercise: On-set roleplay

Module 13-14: Filming & Performance Refinement

Filming Begins

- Actors perform scenes under director guidance
- Scriptwriters observe and adapt scenes as needed
- Practical Exercise: Full production days

Module 15: Post-Production & Showcasing the Work

Scriptwriting: Understanding Editing & Distribution

- Basics of Film Editing & Story Pacing
- Submitting to Film Festivals

Acting: Final Performance Review & Showreel Creation

- Analyzing Performance on Screen
- Compiling Material for a Professional Reel

Final Showcase & Graduation

- Screening of Completed Short Films
- Industry Networking & Q&A Session
- Course Certification

Course Outcome:

- Scriptwriters: Graduate with a professionally written short film script.
- Actors: Gain on-camera experience and a film-ready showreel.



www.lxseth.com

IXSETH

ART OF ACTING & SCRIPTWRITING ACADEMY

TURN YOUR DREAMS INTO A REALITY

Exclusive Education
Industry Professionals
Real Cinema Classrooms
Industry Opportunities

Story Structure & Development
Scene Writing & Script Formatting
Advanced Storytelling Techniques
Final Project & Industry Readiness

Exclusive Cinema Experience
Hands-On Learning
On-Screen Opportunities
Industry Exposure

Foundations of Acting
Character Development & Scene Study
Advanced Acting & On-Camera Training
Industry Preparation & Final Showcase

Dynamic Learning
Develop skills in front & behind
the camera
Real-world Experience



THANK YOU

LX SETH ACADEMY

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LX SETH ACADEMY

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ARISH SIRKISSOON (LX SETH)

Arish Sirkissoon, also known as LX Seth, is a Durban-based entrepreneur, academic, filmmaker, and musician. Signed by India's leading label T-Series at 21, he has released chart-topping music and worked extensively in film, TV, and digital media.

Film & TV Career

LX Seth has written, directed, produced, scored, and acted in multiple films, including:

- Tokoloshe: The Calling (2020/2025) – Critically acclaimed, nominated for 6 Simon Sabela Awards, selected for multiple film festivals.
- The Castle (2022)
- You're Next (2023) – Nominated at Catskill International Film Festival
- Highway Sheila: Resurrection (2024) – Ran for 8 weeks in cinemas

He's also created television content like:

- Dining and Vibing in SA (2022) – Aired on Glow TV
- Tess "The Psychic Medium" (2022) – YouTube series

His documentary and talk show work includes:

- In Conversation with Mumtu Nxumalo (2022)
- Hot Bites with LX Seth (2022)

Music

- Albums: Off the Hook (2007), Stolen Moments (2018), Hyperbole (2020), among others
- Notable Single: Song for Denise feat. DeeJay Avesh (2021)
- Directed and produced 15+ music videos (2007–2021)

Upcoming Projects

- The Bengal Tiger: The Rajbansi Story (2025)
- Blackmagic (In Production)
- Love Has No Boundaries, Beta/ADOPTED, Love in the Winelands, Highway Sheila Resurrection 2 (Pre-Production)

Academic Credentials

- Bachelor of Social Science
- Honours in Psychology
- MBA



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LX SETH ACADEMY

EDWIN COLE (EDSTAR)



Edwin Cole is a dynamic creative professional with a diverse portfolio across media, education, and corporate training. With a Bachelor of Commerce in Business Innovation and Entrepreneurship from AFDA, Edwin merges business acumen with artistic flair, shaping him into a well-rounded force in the creative economy.

He has worked extensively as a **producer, actor, and cinematographer** in film and television, contributing to major South African productions like *Tokoloshe: The Calling*, *The Castle*, *You're Next*, and *Highway Sheila: Resurrection*. His on-screen presence also extended to presenting the lifestyle show *Dining & Vibing in SA* on GlowTV.

In addition to his film work, Edwin is a **qualified facilitator and lecturer**, specializing in business acumen, project management, and digital tools. His consultancy roles have served both corporate and governmental entities, including KZN Treasury, FutureLife, and the Department of Economic Development, Tourism and Environmental Affairs (EDTEA).

Edwin's passion for storytelling and communication also led him to roles in **radio, marketing, and events**, where he has served as a professional MC and program director for top venues across South Africa.

With a strong foundation in **education, operations, and creative media**, Edwin continues to grow as a multidisciplinary professional—bridging the gap between strategy and storytelling with every project he undertakes.

A handwritten signature in blue ink, appearing to read 'Edwin Cole', with a long, sweeping underline.

Acting & Scriptwriting Course Curriculum (April - November 2025)

Curriculum Breakdown (April - November 2025)

Date	Scriptwriting Course	Acting Course
April 5-6	Introduction to Storytelling: Understanding narrative structure, theme, and character development.	Fundamentals of Acting: Introduction to Meisner, Stanislavski, and Method Acting techniques.
April 19-20	Character Development: Creating compelling protagonists and antagonists.	Voice & Movement: Breath control, articulation, and body language.
May 3-4	Conflict & Dialogue: Writing natural, engaging dialogue.	Improvisation & Reacting: Building spontaneity and active listening skills.
May 17-18	Script Formatting & Writing a Scene: Industry-standard screenplay structure.	Scene Work (Monologues & Duologues): Working with text and subtext.
May 31 - June 1	Genre Exploration: Writing for comedy, drama, thriller, etc.	Emotional Range & Physicality: Exploring emotional depth and body expressions.
June 14-15	Outlining a Short Film: Developing a premise into a full outline.	Character Work & Backstory: Deepening understanding of roles.
June 28-29	First Draft Writing Begins: Writing the first draft of a short film script (10-20 mins).	Acting for Camera: Learning shot types, eyeline matching, and screen presence.
July 12-13	Dialogue & Refinement: Editing	Advanced Scene Study: Working with

	for natural speech and clarity.	partners, blocking, and motivation.
July 26-27	Feedback & Rewriting: Peer reviews and instructor feedback on scripts.	Acting with Emotion & Subtext: Mastering nuanced performances.
August 9-10	Finalizing the Script: Completing polished, production-ready versions.	Audition Techniques & Cold Reading: Preparing actors for industry casting.
August 23-24	Table Read & Revisions: Actors read scripts for final adjustments.	Rehearsals Begin: Actors rehearse final scripts with scriptwriters.
September 6-7	Production Planning: Breakdown of shooting schedules and logistics.	On-Set Etiquette & Scene Blocking: Preparing for filming.
September 20-21	Script Lock & Production Briefing: Final draft submission.	Rehearsals & Feedback: Finalizing character choices and delivery.
October 4-5	Directing & Working with Actors: Understanding collaboration on set.	Filming Begins: Initial production days.
October 18-19	Revisions & Adaptations for Production: Adjusting based on practical needs.	Mid-Production Adjustments: Refining performances.
November 1-2	Post-Production Basics: Understanding editing, sound, and distribution.	Final Shooting Days: Wrapping up principal photography.
November 15-16	Marketing & Film Festival Submission: How to distribute short films.	Post-Production Collaboration: ADR, voice work, and fine-tuning performances.
November 29-30	Final Showcase & Networking: Screening of the short films for an audience.	Final Showcase & Networking: Red carpet event for industry exposure.

Key Course Outcomes

- Scriptwriting Students: Graduate with a fully developed short film script and an understanding of professional screenwriting.
- Acting Students: Gain experience acting in a professional-level short film, ready for showreel material.

This course is designed for practical, hands-on learning and follows international standards to prepare students for the global film industry.

STUDENT ENROLMENT FORM LX SETH ACADEMY

Location: Durban, South Africa

Please attach a certified copy of your ID and Proof of residence.

STUDENT INFORMATION

Full Name: _____

Date of Birth: _____

Gender: Male Female Other

ID/Passport Number: _____

Address: _____

City: _____ Postal Code: _____

Phone Number: _____

Email Address: _____

COURSE SELECTION

Select Your Course:

Acting Course

Scriptwriting Course

Preferred Class Type:

Private Classes

Group Classes

Preferred Class Schedule (Private classes only):

Weekends

Weekdays

Evenings

PARENT/GUARDIAN INFORMATION (For Students Under 18)

Full Name: _____

Relationship to Student: _____

Phone Number: _____

Email Address: _____

PAYMENT INFORMATION

Course Fee:

R2800 per month (Group)

R3500 per month (Private)

Payment Method:

Bank Transfer

Debit Order

Cash Payment

Billing Address (if different from above):

TERMS & CONDITIONS

1. All fees must be paid at the beginning of each month.
2. No refunds will be issued for missed classes unless a valid medical certificate is provided.
3. Private classes must be scheduled in advance, and cancellations require at least 24-hour notice.
4. The academy reserves the right to use student images/videos for promotional purposes.

I have read and agree to the terms and conditions.

Student Signature:

Date:

Parent/Guardian Signature (if applicable):

Date:

OFFICE USE ONLY

- Enrolment Approved
- Payment Received
- Student Added to Class List

Administrator Signature: _____

Date: _____