

Lx Seth's Art of Acting and Scriptwriting – Academy Information Guide



Develop Skills in front and behind the camera

Are you ready to take your passion for acting or script-writing to the next level?

At Lx Seth's Art of Acting, we are professional, industry-focused training designed to equip aspiring actors and screenwriters with the skills and experience they need to succeed in the film industry.



Pricing

Group Classes:
R2,800 per month

Private Classes:
R3,500 per month

Courses Offered

- 🎭 **Acting Course**
on-camera presence.
 - Develop character-building techniques, scene study, audition skills, and
 - Learn from practical, hands-on experiences and expert guidance.
 - 📝 **Scriptwriting Course**
 - Master storytelling, screenplay structure, dialogue writing, and script formatting.
- Receive constructive feedback and guidance from industry professionals.

Dynamic Learning

- Exclusive Learning Experience
- Learn from Industry Professionals: Our expert instructors have extensive experience in acting, directing, and scriptwriting.
 - Real Cinema Classrooms: Classes take place inside Nu Metro Cinemas, providing an immersive and inspiring environment.
 - On-Screen Exposure: Upon completion, student films will be showcased on Nu Metro screens, offering valuable real-world experience.
 - Pathway to Industry Opportunities: Top-performing students will receive priority consideration for roles in LX Seth Productions' feature films and cinematic releases.

www.lxseth.com

12-Month Syllabus Breakdown

🎭 Acting Course Syllabus

Months 1-3: Foundations of Acting

- Introduction to acting techniques, improvisation, and emotional expression.
- Exercises in voice control, body movement, and confidence-building.

Months 4-6: Character Development & Scene Study

- Crafting well-rounded characters with depth and motivation.
- Analyzing and performing scripted scenes.

Months 7-9: Advanced Acting & On-Camera Training

- Understanding the differences between stage and film acting.
- Audition techniques and building an acting portfolio.

Months 10-12: Industry Preparation & Final Showcase

- Performing in a professional showcase with expert feedback.
- Preparing for real-world opportunities in the film and television industry.

📝 Scriptwriting Course Syllabus

Months 1-3: Story Structure & Character Development

- Crafting compelling narratives and creating strong character arcs.

Months 4-6: Scene Writing & Script Formatting

- Learning professional screenplay formatting and structuring impactful scenes.

Months 7-9: Advanced Storytelling Techniques

- Developing subplots, raising story stakes, and writing for different media.

Months 10-12: Final Project & Industry Readiness

- Completing a full short film script and pitching to industry professionals.

Why Choose Lx Seth's Art of Acting?

- ✅ **Exclusive Cinema Experience** – Classes and showcases take place at Nu Metro Cinemas.
- ✅ **Hands-On Learning** – Practical training from experienced professionals.
- ✅ **On-Screen Opportunities** – Student films will be screened at Nu Metro.
- ✅ **Industry Exposure** – Top performers get priority access to LX Seth Productions' film projects.

Enrol Today!

✉ Email: mrseth@mweb.co.za

☎ Phone: 082 822 2989

📱 Social Media: @lxseth

Take the first step toward your acting or scriptwriting career. Join Lx Seth's Art of Acting and turn your dreams into reality!



LX SETH

THANKS
YOU

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Professional Course Study Guide SCRIPT-WRITING AND ACTING COURSE



Module 1: Introduction to Storytelling & Fundamentals of Acting

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Scriptwriting: Understanding Narrative Structure, Theme, and Character Development

- The Three-Act Structure (Setup, Confrontation, Resolution)
- Theme & Symbolism in storytelling
- Character Development (Protagonists, Antagonists, Character Arcs)
- Writing Exercises: Develop a character and outline their arc

Acting: Introduction to Meisner, Stanislavski, and Method Acting

- Meisner's Repetition Technique: Reacting truthfully
- Stanislavski's Given Circumstances: Understanding character objectives
- Method Acting Techniques: Using personal experience for authenticity
- Practical Exercises: Emotion recall, improvisation drills

Module 2: Character Development & Voice & Movement

Scriptwriting: Creating Complex Characters

- Internal vs. External Conflict
- Psychological Depth and Backstory
- Writing Exercise: Develop a protagonist with strengths & flaws

Acting: Voice Control & Body Language

- Breathing Techniques & Projection
- Physicality & Expressiveness in Performance
- Practical Exercises: Diction drills, movement exercises

Module 3: Conflict & Dialogue / Improvisation & Reacting

Scriptwriting: Writing Engaging Dialogue & Conflict

- Natural vs. Expository Dialogue
- Creating Tension through Subtext
- Writing Exercise: Develop a dialogue-driven scene

Acting: Improvisation & Scene Reaction

- Active Listening & Reacting Authentically
- Building Spontaneity through Improv
- Practical Exercises: Improv scenes, reacting to unexpected moments

Module 4: Scene Writing & Performance Techniques

Scriptwriting: Formatting & Structuring a Scene

- Industry-Standard Formatting (Final Draft, Celtx, etc.)
- Visual Writing Techniques
- Practical Exercise: Write a 2-minute scene following formatting rules

Acting: Monologues & Scene Study

- Breaking Down a Monologue
- Finding the Subtext in a Script
- Performance Exercise: Perform a monologue using text analysis



Module 5: Genre Exploration & Emotional Performance

Scriptwriting: Writing for Different Genres

- Comedy, Drama, Thriller, Horror – Key Elements of Each
- Genre-Specific Dialogue & Pacing
- Writing Exercise: Write a scene in a chosen genre

Acting: Expanding Emotional Range

- Portraying Authentic Emotions
- Physicality & Emotional Expression
- Practical Exercise: Emotion recall and scene study

Module 6: Outlining a Short Film & Character Work

Scriptwriting: Developing a Short Film Outline

- Crafting a Logline & Premise
- Building a Story Arc in 10-20 Minutes
- Writing Exercise: Create a short film outline

Acting: Deep Dive into Character Work

- Backstory Development & Internal Motivation
- Performing Based on Character History
- Practical Exercise: Write and perform a backstory monologue

Module 7: First Draft Writing & Acting for Camera

Scriptwriting: Writing the First Draft

- Writing Under a Deadline
- Structuring Scenes for Visual Impact
- Writing Exercise: Complete the first draft of the short film script

Acting: Understanding On-Camera Performance

- Blocking, Eyeline, and Movement for Film
- Acting in Close-Ups vs. Wide Shots
- Practical Exercise: On-camera performance drills

Module 8: Dialogue Refinement & Scene Study

Scriptwriting: Editing Dialogue for Realism

- Rewriting for Conciseness & Subtext
- Dialogue Flow & Character Voice
- Writing Exercise: Refine a dialogue-heavy scene

Acting: Partnered Scene Study

- Working with a Scene Partner
- Blocking & Character Interactions
- Practical Exercise: Perform a two-person scene

Module 9: Rewriting & Emotional Subtext in Acting

Scriptwriting: Feedback & Revision Techniques

- Peer & Instructor Critique Methods
- Rewriting for Clarity & Impact
- Writing Exercise: Apply feedback to revise a scene

Acting: Mastering Subtext & Layered Performances

- Playing Internal vs. External Emotions
- Practical Exercise: Perform a scene using subtext-driven acting

Module 10: Finalizing the Script & Audition Techniques

Scriptwriting: Completing a Production-Ready Script

- Final Formatting & Proofreading
- Ensuring Production Feasibility
- Writing Exercise: Submit final short film script

Acting: Audition Skills & Cold Reading

- How to Ace an Audition
- Practicing Cold Reads
- Practical Exercise: Perform an industry-standard audition

Module 11: Table Read & Rehearsals

Scriptwriting: Script Adjustments Based on Readings

- Adapting Dialogue for Performance
- Scene Adjustments for Pacing & Clarity
- Exercise: Conduct a live table read with actors

Acting: First Rehearsals with Scripted Material

- Scene Blocking & Movement
- Adapting to Director's Notes
- Practical Exercise: Work-shopping scenes with partners

Module 12: Production Planning & On-Set Preparation

Scriptwriting: Preparing for Production

- Scene Breakdown & Shooting Schedules
- Understanding the Filmmaking Process
- Exercise: Assist in script breakdown for production

Acting: On-Set Behavior & Filming Techniques

- Understanding Call Sheets & Set Etiquette
- Adjusting Performance for Multiple Takes
- Practical Exercise: On-set roleplay

Module 13-14: Filming & Performance Refinement

Filming Begins

- Actors perform scenes under director guidance
- Scriptwriters observe and adapt scenes as needed
- Practical Exercise: Full production days

Module 15: Post-Production & Showcasing the Work

Scriptwriting: Understanding Editing & Distribution

- Basics of Film Editing & Story Pacing
- Submitting to Film Festivals

Acting: Final Performance Review & Showreel Creation

- Analyzing Performance on Screen
- Compiling Material for a Professional Reel

Final Showcase & Graduation

- Screening of Completed Short Films
- Industry Networking & Q&A Session
- Course Certification

Course Outcome:

- Scriptwriters: Graduate with a professionally written short film script.
- Actors: Gain on-camera experience and a film-ready showreel.



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ART OF ACTING & SCRIPTWRITING ACADEMY

TURN YOUR DREAMS INTO A REALITY

Exclusive Education
Industry Professionals
Real Cinema Classrooms
Industry Opportunities

Story Structure & Development
Scene Writing & Script Formatting
Advanced Storytelling Techniques
Final Project & Industry Readiness

Exclusive Cinema Experience
Hands-On Learning
On-Screen Opportunities
Industry Exposure

Foundations of Acting
Character Development & Scene Study
Advanced Acting & On-Camera Training
Industry Preparation & Final Showcase

Dynamic Learning
Develop skills in front & behind
the camera
Real-world Experience



THANK YOU

LX SETH ACADEMY

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ARISH SIRKISSOON (LX SETH)

Arish Sirkissoo, professionally known as **LX Seth**, is a Durban-based entrepreneur, academic, filmmaker, and musician whose career spans music, film, television, and digital media. Signed to India's leading music label **T-Series** at the age of 21, he quickly established himself as a creative force, releasing chart-topping music while expanding into visual storytelling across multiple platforms.

Film & Television

A true multi-hyphenate, LX Seth has written, directed, produced, composed music for, and acted in a wide range of films. His work is known for its bold themes, cultural resonance, and strong cinematic identity.

Selected Filmography includes:

- **Tokoloshe: The Calling** (2020 / 2025)
Critically acclaimed, nominated for **six Simon Sabela Awards (Won 2)** and officially selected at multiple international film festivals.
- **The Castle** (2022)
- **You're Next** (2023)
Nominated at the **Catskill International Film Festival**.
- **Highway Sheila: Resurrection** (2024)
Enjoyed an **8-week theatrical run**, with a **Simon Sabela Award nomination for Best Cinematography**.
- **The Bengal Tiger: The Rajbansi Story** (2025) -Enjoyed an **8-week theatrical run**

Television & Digital Content

LX Seth has also made a strong impact in television and digital storytelling, creating engaging lifestyle, reality, and talk-show formats.

Television & Series Work:

- **Dining and Vibing in SA** (2022) - Aired on **Glow TV**
 - **Tess: The Psychic Medium** (2022) - YouTube Series
 - **Hot Bites with LX Seth** (2022)
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Music Career

Before and alongside his film journey, LX Seth built a solid foundation in music, both as an artist and a visual creator.

- **Albums:** *Off the Hook* (2007), *Stolen Moments* (2018), *Hyperbole* (2020), among others
- **Notable Singles:** Turn me On (2006), LET IT GO (2010), Sheila (2013) *Song for Denise* feat. DeeJay Avesh (2021)
- **Music Videos:** Directed and produced **15+ music videos** between 2007 and 2021

Current & Upcoming Projects

LX Seth continues to develop ambitious film and television projects, balancing commercial appeal with strong storytelling.

In Production:

- **Blackmagic**
- **Highway Sheila: Resurrection 2**
- **The Bengal Tigress**

Pre-Production:

- **Love Has No Boundaries**
- **Beta / ADOPTED**
- **Love in the Winelands**

Academic & Professional Credentials

Blending creative excellence with academic rigor, LX Seth brings a rare depth of insight to his work.

- **Bachelor of Social Science**
- **Honours in Psychology**
- **Master of Business Administration (MBA)**



LX SETH ACADEMY OF THE ARTS

Course Curriculum (March - Dec 2026)

Curriculum Breakdown

Note: Lectures will happen once a week on a Saturday, Sundays are provisionally booked.

Date	Scriptwriting Course	Acting Course
March 7 and 8	Introduction to Storytelling: Understanding narrative structure, theme, and character development.	Fundamentals of Acting: Introduction to Meisner, Stanislavski, and Method Acting techniques.
March 14 and 15	Character Development: Creating compelling protagonists and antagonists.	Voice & Movement: Breath control, articulation, and body language.
March 21 and 22	Conflict & Dialogue: Writing natural, engaging dialogue.	Improvisation & Reacting: Building spontaneity and active listening skills.
March 28 and 29	Script Formatting & Writing a Scene: Industry-standard screenplay structure.	Scene Work (Monologues & Duologues): Working with text and subtext.
April 4 and 5	Genre Exploration: Writing for comedy, drama, thriller, etc.	Emotional Range & Physicality: Exploring emotional depth and body expressions.
April 11 and 12	Outlining a Short Film: Developing a premise into a full outline.	Character Work & Backstory: Deepening understanding of roles.
April 18 and 19	First Draft Writing Begins: Writing the first draft of a short film script (10-20 mins).	Acting for Camera: Learning shot types, eyeline matching, and screen presence.
April 25 and 26	Dialogue & Refinement: Editing for natural speech and clarity.	Advanced Scene Study: Working with partners, blocking, and motivation.
May 02 and 03	Feedback & Rewriting: Peer reviews and instructor feedback on scripts.	Acting with Emotion & Subtext: Mastering nuanced performances.
May 9 and 10	Finalizing the Script: Completing polished, production-ready versions.	Audition Techniques & Cold Reading: Preparing actors for industry casting.
May 16 and 17	Table Read & Revisions: Actors read scripts for final adjustments.	Rehearsals Begin: Actors rehearse final scripts with scriptwriters.
May 23 and 24	Production Planning: Breakdown of shooting schedules and logistics.	On-Set Etiquette & Scene Blocking: Preparing for filming.
May 30 and 31	Script Lock & Production Briefing: Final draft submission.	Rehearsals & Feedback: Finalizing character choices and delivery.
June 6 and 7	Directing & Working with Actors: Understanding collaboration on set.	Filming Begins: Initial production days.
June 13 and 14	Revisions & Adaptations for Production: Adjusting based on practical needs.	Mid-Production Adjustments: Refining performances.
June 20	Post-Production Basics: Understanding editing, sound, and distribution.	Final Shooting Days: Wrapping up principal photography.
June 27 and 28	Marketing & Film Festival Submission: How to distribute short films.	Post-Production Collaboration: ADR, voice work, and fine-tuning performances.
July – December Every Saturday lectures will be based on Planning.	Shooting, Project managing Short Film. Production, Post Production, Release	