

Lx Seth's Art of Acting and Scriptwriting – Academy Information Guide



Develop Skills in front and behind the camera

Are you ready to take your passion for acting or script-writing to the next level?

At Lx Seth's Art of Acting, we are professional, industry-focused training designed to equip aspiring actors and screenwriters with the skills and experience they need to succeed in the film industry.



Pricing

Group Classes:

R2,800 per month

Private Classes:

R3,500 per month

Courses Offered

Acting Course

on-camera presence.

- Develop character-building techniques, scene study, audition skills, and
- Learn from practical, hands-on experiences and expert guidance.

Scriptwriting Course

- Master storytelling, screenplay structure, dialogue writing, and script formatting.

Receive constructive feedback and guidance from industry professionals.

Dynamic Learning

Exclusive Learning Experience

- Learn from Industry Professionals: Our expert instructors have extensive experience in acting, directing, and scriptwriting.
- Real Cinema Classrooms: Classes take place inside Nu Metro Cinemas, providing an immersive and inspiring environment.
- On-Screen Exposure: Upon completion, student films will be showcased on Nu Metro screens, offering valuable real-world experience.
- Pathway to Industry Opportunities: Top-performing students will receive priority consideration for roles in LX Seth Productions' feature films and cinematic releases.

www.lxseth.com

12-Month Syllabus Breakdown

Acting Course Syllabus

Months 1-3: Foundations of Acting

- Introduction to acting techniques, improvisation, and emotional expression.
- Exercises in voice control, body movement, and confidence-building.

Months 4-6: Character Development & Scene Study

- Crafting well-rounded characters with depth and motivation.

• Analyzing and performing scripted scenes.

Months 7-9: Advanced Acting & On-Camera Training

- Understanding the differences between stage and film acting.

• Audition techniques and building an acting portfolio.

Months 10-12: Industry Preparation & Final Showcase

- Performing in a professional showcase with expert feedback.

• Preparing for real-world opportunities in the film and television industry.

Scriptwriting Course Syllabus

Months 1-3: Story Structure & Character Development

- Crafting compelling narratives and creating strong character arcs.

Months 4-6: Scene Writing & Script Formatting

- Learning professional screenplay formatting and structuring impactful scenes.

Months 7-9: Advanced Storytelling Techniques

- Developing subplots, raising story stakes, and writing for different media.

Months 10-12: Final Project & Industry Readiness

- Completing a full short film script and pitching to industry professionals.

Why Choose Lx Seth's Art of Acting?

- ✓ Exclusive Cinema Experience – Classes and showcases take place at Nu Metro Cinemas.
- ✓ Hands-On Learning – Practical training from experienced professionals.
- ✓ On-Screen Opportunities – Student films will be screened at Nu Metro.
- ✓ Industry Exposure – Top performers get priority access to LX Seth Productions' film projects.

Enrol Today!

✉ Email: mrseth@mweb.co.za

📞 Phone: 082 822 2989

🌐 Social Media: @lxseth

Take the first step toward your acting or scriptwriting career. Join Lx Seth's Art of Acting and turn your dreams into reality!



LX SETH

THANKS
YOU

www.lxseth.com

Professional Course Study Guide

SCRIPT-WRITING AND ACTING COURSE



Module 1: Introduction to Storytelling & Fundamentals of Acting

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 Scriptwriting: Understanding Narrative Structure, Theme, and Character Development

- The Three-Act Structure (Setup, Confrontation, Resolution)
- Theme & Symbolism in storytelling
- Character Development (Protagonists, Antagonists, Character Arcs)
- Writing Exercises: Develop a character and outline their arc

Acting: Introduction to Meisner, Stanislavski, and Method Acting

- Meisner's Repetition Technique: Reacting truthfully
- Stanislavski's Given Circumstances: Understanding character objectives
- Method Acting Techniques: Using personal experience for authenticity
- Practical Exercises: Emotion recall, improvisation drills

Module 2: Character Development & Voice & Movement

Scriptwriting: Creating Complex Characters

- Internal vs. External Conflict
- Psychological Depth and Backstory
- Writing Exercise: Develop a protagonist with strengths & flaws

Acting: Voice Control & Body Language

- Breathing Techniques & Projection
- Physicality & Expressiveness in Performance
- Practical Exercises: Diction drills, movement exercises

Module 3: Conflict & Dialogue / Improvisation & Reacting

Scriptwriting: Writing Engaging Dialogue & Conflict

- Natural vs. Expositional Dialogue
- Creating Tension through Subtext
- Writing Exercise: Develop a dialogue-driven scene

Acting: Improvisation & Scene Reaction

- Active Listening & Reacting Authentically
- Building Spontaneity through Improv
- Practical Exercises: Improv scenes, reacting to unexpected moments

Module 4: Scene Writing & Performance Techniques

Scriptwriting: Formatting & Structuring a Scene

- Industry-Standard Formatting (Final Draft, Celtx, etc.)
- Visual Writing Techniques
- Practical Exercise: Write a 2-minute scene following formatting rules

Acting: Monologues & Scene Study

- Breaking Down a Monologue
- Finding the Subtext in a Script
- Performance Exercise: Perform a monologue using text analysis



Module 5: Genre Exploration & Emotional Performance

Scriptwriting: Writing for Different Genres

- Comedy, Drama, Thriller, Horror – Key Elements of Each
- Genre-Specific Dialogue & Pacing
- Writing Exercise: Write a scene in a chosen genre

Acting: Expanding Emotional Range

- Portraying Authentic Emotions
- Physicality & Emotional Expression
- Practical Exercise: Emotional recall and scene study

Module 6: Outlining a Short Film & Character Work

Scriptwriting: Developing a Short Film Outline

- Crafting a Logline & Premise
- Building a Story Arc in 10-20 Minutes
- Writing Exercise: Create a short film outline

Acting: Deep Dive into Character Work

- Backstory Development & Internal Motivation
- Performing Based on Character History
- Practical Exercise: Write and perform a backstory monologue

Module 7: First Draft Writing & Acting for Camera

Scriptwriting: Writing the First Draft

- Writing Under a Deadline
- Structuring Scenes for Visual Impact
- Writing Exercise: Complete the first draft of the short film script

Acting: Understanding On-Camera Performance

- Blocking, Eyeline, and Movement for Film
- Acting in Close-Ups vs. Wide Shots
- Practical Exercise: On-camera performance drills

Module 8: Dialogue Refinement & Scene Study

Scriptwriting: Editing Dialogue for Realism

- Rewriting for Conciseness & Subtext
- Dialogue Flow & Character Voice
- Writing Exercise: Refine a dialogue-heavy scene

Acting: Partnered Scene Study

- Working with a Scene Partner
- Blocking & Character Interactions
- Practical Exercise: Perform a two-person scene

Module 9: Rewriting & Emotional Subtext in Acting

Scriptwriting: Feedback & Revision Techniques

- Peer & Instructor Critique Methods
- Rewriting for Clarity & Impact
- Writing Exercise: Apply feedback to revise a scene

Acting: Mastering Subtext & Layered Performances

- Playing Internal vs. External Emotions
- Practical Exercise: Perform a scene using subtext-driven acting

Module 10: Finalizing the Script & Audition Techniques

Scriptwriting: Completing a Production-Ready Script

- Final Formatting & Proofreading
- Ensuring Production Feasibility
- Writing Exercise: Submit final short film script

Acting: Audition Skills & Cold Reading

- How to Ace an Audition
- Practicing Cold Reads
- Practical Exercise: Perform an industry-standard audition

Module 11: Table Read & Rehearsals

Scriptwriting: Script Adjustments Based on Readings

- Adapting Dialogue for Performance
- Scene Adjustments for Pacing & Clarity
- Exercise: Conduct a live table read with actors

Acting: First Rehearsals with Scripted Material

- Scene Blocking & Movement
- Adapting to Director's Notes
- Practical Exercise: Work-shopping scenes with partners

Module 12: Production Planning & On-Set Preparation

Scriptwriting: Preparing for Production

- Scene Breakdown & Shooting Schedules
- Understanding the Filmmaking Process
- Exercise: Assist in script breakdown for production

Acting: On-Set Behavior & Filming Techniques

- Understanding Call Sheets & Set Etiquette
- Adjusting Performance for Multiple Takes
- Practical Exercise: On-set roleplay

Module 13-14: Filming & Performance Refinement

Filming Begins

- Actors perform scenes under director guidance
- Scriptwriters observe and adapt scenes as needed
- Practical Exercise: Full production days

Module 15: Post-Production & Showcasing the Work

Scriptwriting: Understanding Editing & Distribution

- Basics of Film Editing & Story Pacing
- Submitting to Film Festivals

Acting: Final Performance Review & Showreel Creation

- Analyzing Performance on Screen
- Compiling Material for a Professional Reel

Final Showcase & Graduation

• Screening of Completed Short Films

• Industry Networking & Q&A Session

• Course Certification

Course Outcome:

- Scriptwriters: Graduate with a professionally written short film script.
- Actors: Gain on-camera experience and a film-ready showreel.



www.lxseth.com

IXSETH ART OF ACTING & SCRIPTWRITING ACADEMY

TURN YOUR DREAMS INTO A REALITY

Exclusive Education
Industry Professionals
Real Cinema Classrooms
Industry Opportunities

Story Structure & Development
Scene Writing & Script Formatting
Advanced Storytelling Techniques
Final Project & Industry Readiness

Exclusive Cinema Experience
Hands-On Learning
On-Screen Opportunities
Industry Exposure

Foundations of Acting
Character Development & Scene Study
Advanced Acting & On-Camera Training
Industry Preparation & Final Showcase

Dynamic Learning
Develop skills in front & behind
the camera
Real-world Experience



THANK YOU

LX SETH ACADEMY

www.lxseth.com



LX SETH ACADEMY

mrseth@mweb.co.za
0828222989

WWW.LXSETH.COM

ARISH SIRKISSOON (LX SETH)

Arish Sirkissoon, professionally known as **LX Seth**, is a Durban-based entrepreneur, academic, filmmaker, and musician whose career spans music, film, television, and digital media. Signed to India's leading music label **T-Series** at the age of 21, he quickly established himself as a creative force, releasing chart-topping music while expanding into visual storytelling across multiple platforms.

Film & Television

A true multi-hyphenate, LX Seth has written, directed, produced, composed music for, and acted in a wide range of films. His work is known for its bold themes, cultural resonance, and strong cinematic identity.

Selected Filmography includes:

- **Tokoloshe: The Calling** (2020 / 2025)
Critically acclaimed, nominated for **six Simon Sabela Awards (Won 2)** and officially selected at multiple international film festivals.
- **The Castle** (2022)
- **You're Next** (2023)
Nominated at the **Catskill International Film Festival**.
- **Highway Sheila: Resurrection** (2024)
Enjoyed an **8-week theatrical run**, with a **Simon Sabela Award nomination for Best Cinematography**.
- **The Bengal Tiger: The Rajbansi Story** (2025) -Enjoyed an **8-week theatrical run**

Television & Digital Content

LX Seth has also made a strong impact in television and digital storytelling, creating engaging lifestyle, reality, and talk-show formats.

Television & Series Work:

- **Dining and Vibing in SA** (2022) - Aired on **Glow TV**
- **Tess: The Psychic Medium** (2022) - **YouTube Series**
- **Hot Bites with LX Seth** (2022)

Music Career

Before and alongside his film journey, LX Seth built a solid foundation in music, both as an artist and a visual creator.

- **Albums:** *Off the Hook* (2007), *Stolen Moments* (2018), *Hyperbole* (2020), among others
- **Notable Singles:** *Turn me On* (2006), *LET IT GO* (2010), *Sheila* (2013) *Song for Denise* feat. Deejay Avesh (2021)
- **Music Videos:** Directed and produced 15+ **music videos** between 2007 and 2021

Current & Upcoming Projects

LX Seth continues to develop ambitious film and television projects, balancing commercial appeal with strong storytelling.

In Production:

- **Blackmagic**
- **Highway Sheila: Resurrection 2**
- **The Bengal Tigress**

Pre-Production:

- **Love Has No Boundaries**
- **Beta / ADOPTED**
- **Love in the Winelands**

Academic & Professional Credentials

Blending creative excellence with academic rigor, LX Seth brings a rare depth of insight to his work.

- **Bachelor of Social Science**
- **Honours in Psychology**
- **Master of Business Administration (MBA)**



LX SETH ACADEMY OF THE ARTS

Course Curriculum (March - Dec 2026)

Curriculum Breakdown

Note: Lectures will happen once a week on a Saturday, Sundays are provisionally booked.

Date	Scriptwriting Course	Acting Course
March 7 and 8	Introduction to Storytelling: Understanding narrative structure, theme, and character development.	Fundamentals of Acting: Introduction to Meisner, Stanislavski, and Method Acting techniques.
March 14 and 15	Character Development: Creating compelling protagonists and antagonists.	Voice & Movement: Breath control, articulation, and body language.
March 21 and 22	Conflict & Dialogue: Writing natural, engaging dialogue.	Improvisation & Reacting: Building spontaneity and active listening skills.
March 28 and 29	Script Formatting & Writing a Scene: Industry-standard screenplay structure.	Scene Work (Monologues & Duologues): Working with text and subtext.
April 4 and 5	Genre Exploration: Writing for comedy, drama, thriller, etc.	Emotional Range & Physicality: Exploring emotional depth and body expressions.
April 11 and 12	Outlining a Short Film: Developing a premise into a full outline.	Character Work & Backstory: Deepening understanding of roles.
April 18 and 19	First Draft Writing Begins: Writing the first draft of a short film script (10-20 mins).	Acting for Camera: Learning shot types, eyeline matching, and screen presence.
April 25 and 26	Dialogue & Refinement: Editing for natural speech and clarity.	Advanced Scene Study: Working with partners, blocking, and motivation.
May 02 and 03	Feedback & Rewriting: Peer reviews and instructor feedback on scripts.	Acting with Emotion & Subtext: Mastering nuanced performances.
May 9 and 10	Finalizing the Script: Completing polished, production-ready versions.	Audition Techniques & Cold Reading: Preparing actors for industry casting.
May 16 and 17	Table Read & Revisions: Actors read scripts for final adjustments.	Rehearsals Begin: Actors rehearse final scripts with scriptwriters.
May 23 and 24	Production Planning: Breakdown of shooting schedules and logistics.	On-Set Etiquette & Scene Blocking: Preparing for filming.
May 30 and 31	Script Lock & Production Briefing: Final draft submission.	Rehearsals & Feedback: Finalizing character choices and delivery.
June 6 and 7	Directing & Working with Actors: Understanding collaboration on set.	Filming Begins: Initial production days.
June 13 and 14	Revisions & Adaptations for Production: Adjusting based on practical needs.	Mid-Production Adjustments: Refining performances.
June 20	Post-Production Basics: Understanding editing, sound, and distribution.	Final Shooting Days: Wrapping up principal photography.
June 27 and 28	Marketing & Film Festival Submission: How to distribute short films.	Post-Production Collaboration: ADR, voice work, and fine-tuning performances.
July – December Every Saturday lectures will be based on Planning.	Shooting, Project managing Short Film. Production, Post Production, Release	